

Not Suitable for
Serum or Plasma



17 β -Estradiol ELISA kit

Catalog No. ADI-901-008

480 (5x96) Well Kit

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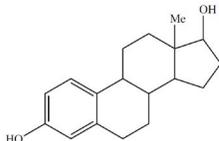
Description

The 17 β -Estradiol ELISA kit is a competitive immunoassay for the quantitative determination of 17 β -Estradiol in biological and environmental samples. Please read the complete kit insert before performing this assay. The kit for the quantitative measurement of 17 β -Estradiol uses a polyclonal antibody to 17 β -Estradiol to bind, in a competitive manner, 17 β -Estradiol in the standard or sample or an alkaline phosphatase molecule which has 17 β -Estradiol covalently attached to it. After a simultaneous incubation at room temperature the excess reagents are washed away and substrate is added. After a short incubation time the enzyme reaction is stopped and the yellow color generated is read on a microplate reader at 405nm. The intensity of the bound yellow color is inversely proportional to the concentration of 17 β -Estradiol in either standards or samples. The measured optical density is used to calculate the concentration of 17 β -Estradiol. For further explanation of the principles and practice of immunoassays please see the excellent books by Chard¹ or Tijssen².

Introduction

17 β -Estradiol is a female sex steroid hormone produced mainly in the ovaries, by the placenta during pregnancy, and to a lesser extent in the adrenal cortices, testes, and peripheral tissues³⁻⁵. The hormone is synthesized enzymatically from acetate, cholesterol, progesterone and testosterone³. In addition to Estradiol's well described anatomic and physiological regulation of reproduction^{4,5} and secondary sex characteristics, it also influences diverse activities such as bone growth, brain development and maturation, and the intracellular concentration of calcium⁶ and certain second messenger molecules⁷. For an extensive review of the non-reproductive actions of Estradiol see the Ciba Foundation Symposium, 1995.

17 β -Estradiol



Precautions

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1. Some kit components contain azide, which may react with lead or copper plumbing. When disposing of reagents always flush with large volumes of water to prevent azide build-up.
2. Stop Solution is a solution of trisodium phosphate. This solution is caustic; care should be taken in use.
3. The activity of the alkaline phosphatase conjugate is dependent on the presence of Mg²⁺ and Zn²⁺ ions. The activity of the conjugate is affected by concentrations of chelators (>10 mM) such as EDTA and EGTA.
4. We test this kit's performance with a variety of samples, however it is possible that high levels of interfering substances may cause variation in assay results.
5. The 17 β -Estradiol Standard provided, Catalog No. 80-0114, is supplied in ethanolic buffer at a pH optimized to maintain 17 β -Estradiol integrity. Care should be taken handling this material because of the known and unknown effects of steroids.

Materials Supplied

- 1. Goat anti-Rabbit IgG Microtiter Plate, Five Plates of 96 Wells, Catalog No. 80-0060**
Plates using break-apart strips coated with goat antibody specific to rabbit IgG.
- 2. 17 β -Estradiol ELISA Conjugate, 28 mL, Catalog No. 80-0165**
A blue solution of alkaline phosphatase conjugated with 17 β -Estradiol.
- 3. 17 β -Estradiol ELISA Antibody, 28 mL, Catalog No. 80-0164**
A yellow solution of a rabbit polyclonal antibody to 17 β -Estradiol.
- 4. Assay Buffer 3 Concentrate, 30 mL, Catalog No. 80-1520**
Tris buffered saline containing proteins and detergents and sodium azide as a preservative.
- 5. Wash Buffer Concentrate, 100 mL, Catalog No. 80-1287**
Tris buffered saline containing detergents.
- 6. 17 β -Estradiol Standard, 3 x 0.5 mL, Catalog No. 80-0114**
A solution of 300,000 pg/mL 17 β -Estradiol.
- 7. Steroid Displacement Reagent, 1 mL, Catalog No. 80-0120**
A special formulated displacer to inhibit steroid binding to proteins.
- 8. pNpp Substrate, 100 mL, Catalog No. 80-0076**
A solution of p-nitrophenyl phosphate in buffer. Ready to use.
- 9. Stop Solution, 30 mL, Catalog No. 80-0248**
A solution of trisodium phosphate in water. Keep tightly capped. Caution: **Caustic.**
- 10. 17 β -Estradiol Assay Layout Sheet, 1 each, Catalog No. 30-0022**
- 11. Plate Sealer, 5 each, Catalog No. 30-0012**

Storage

All components of this kit are stable at 4°C until the kit's expiration date.

Materials Needed but Not Supplied

1. Deionized or distilled water.
2. Precision pipets for volumes between 5 μ L and 1,000 μ L.
3. Repeater pipets for dispensing 50 μ L and 200 μ L.
4. Disposable beaker for diluting buffer concentrates.
5. Graduated cylinders.
6. A microplate shaker.
7. Adsorbent paper for blotting.
8. Microplate reader capable of reading at 405 nm, preferably with correction between 570 and 590 nm.

Sample Handling

The 17 β -Estradiol ELISA kit is compatible with 17 β -Estradiol samples in a wide range of matrices. Many samples diluted sufficiently into Assay Buffer 3 can be read directly from the standard curve. Please refer to the Sample Recovery recommendations on page 11 for details of suggested dilutions. However, the end user **must verify** that the recommended dilutions are appropriate for their samples. Included with the kit is the Steroid Displacement Reagent that should be added to samples containing steroid binding proteins, if samples can be measured without extraction. Samples should be diluted with 1 part of the Reagent for every 99 parts of sample prior to further dilution with Assay Buffer 3. **Samples containing rabbit IgG may interfere with the assay.**

Samples in the majority of Tissue Culture Media can also be read in the assay, provided the standards have been diluted into the Tissue Culture Media instead of Assay Buffer 3. There will be a small change in the binding associated with running the standards and samples in media. Users should only use standard curves generated in media or buffer to calculate concentrations of 17 β -Estradiol in the appropriate matrix. Some samples may have very low levels of 17 β -Estradiol present and extraction may be necessary for accurate measurement. A suitable extraction procedure is outlined below:

Materials Needed

1. Estradiol Standard to allow extraction efficiency to be accurately determined.
2. ACS Grade Diethyl Ether.
3. Glass test tubes.

Procedure

1. Add sufficient Estradiol to a typical sample for the determination of extraction efficiency.
2. In a fume hood add 1 mL of Diethyl Ether for every 100 μ L of sample. Vortex or shake the sample.
3. Allow layers to separate. Carefully pipet off the top ether layer and place in a clean test tube.
4. Repeat, combining the ether layers.
5. Evaporate the ether to dryness under nitrogen.
6. Dissolve the extracted Estradiol with Assay Buffer 3 by vortexing well then allow to sit for 5 minutes at room temperature. Repeat twice more.
7. Run the reconstituted samples in the assay immediately or keep frozen below -20 $^{\circ}$ C.

Procedural Notes

1. Do not mix components from different kit lots or use reagents beyond the kit expiration date.
2. Allow all reagents to warm to room temperature for at least 30 minutes before opening.
3. Standards can be made up in either glass or plastic tubes.
4. Pre-rinse the pipet tip with reagent, use fresh pipet tips for each sample, standard and reagent.
5. Pipet standards and samples to the bottom of the wells.
6. Add the reagents to the side of the well to avoid contamination.
7. This kit uses break-apart microtiter strips, which allow the user to measure as many samples as desired. Unused wells must be kept desiccated at 4 °C in the sealed bag provided. The wells should be used in the frame provided.
8. **Care must be taken to minimize contamination by endogenous alkaline phosphatase.** Contaminating alkaline phosphatase activity, especially in the substrate solution, may lead to high blanks. Care should be taken not to touch pipet tips and other items that are used in the assay with bare hands.
9. **Prior to addition of substrate, ensure that there is no residual wash buffer in wells. Any remaining wash buffer may cause variation in assay results.**

Reagent Preparation

1. Assay Buffer 3

Prepare the Assay Buffer 3 by diluting 10 mL of the supplied concentrate with 90 mL of deionized water. This can be stored at room temperature until the kit expiration date, or for 3 months, whichever is earlier.

2. 17 β -Estradiol Standard

Allow the 300,000 pg/mL 17 β -Estradiol standard solution to warm to room temperature. Label six 12 x 75 mm glass tubes #1 through #6. Pipet 1,000 μ L of standard diluent (Assay Buffer 3 or Tissue Culture Media) into tube #1. Pipet 750 μ L of standard diluent into tubes #2 through #6. Remove 100 μ L of diluent from tube #1. Add 100 μ L of the 300,000 pg/mL standard to tube #1. Vortex thoroughly. Add 250 μ L of tube #1 to tube #2 and vortex thoroughly. Add 250 μ L of tube #2 to tube #3 and vortex. Continue this for tubes #4 through #6.

The concentration of 17 β -Estradiol in tubes #1 through #6 will be 30,000, 7,500, 1,875, 468.8, 117.2 and 29.3 pg/mL respectively. See the 17 β -Estradiol Assay Layout Sheet for dilution details.

Diluted standards should be used within 60 minutes of preparation.

3. Wash Buffer

Prepare the Wash Buffer by diluting 5 mL of the supplied concentrate with 95 mL of deionized water. This can be stored at room temperature until the kit expiration date, or for 3 months, whichever is earlier.

Assay Procedure

Bring all reagents to room temperature for at least 30 minutes prior to opening.

All standards and samples should be run in duplicate.

1. Refer to the Assay Layout Sheet to determine the number of wells to be used and put any remaining wells with the desiccant back into the pouch and seal the ziploc. Store unused wells at 4°C.
2. Pipet 100 µL of standard diluent (Assay Buffer 3 or Tissue Culture Media) into the NSB and the Bo (0 pg/mL Standard) wells.
3. Pipet 100 µL of Standards #1 through #6 into the appropriate wells.
4. Pipet 100 µL of the Samples into the appropriate wells.
5. Pipet 50 µL of Assay Buffer 3 into the NSB wells.
6. Pipet 50 µL of blue Conjugate into each well, except the Total Activity (TA) and Blank wells.
7. Pipet 50 µL of yellow Antibody into each well, except the Blank, TA and NSB wells.

NOTE: Every well used should be **Green** in color except the NSB wells which should be **Blue**. The Blank and TA wells are empty at this point and have no color.

8. Incubate the plate at room temperature on a plate shaker for 2 hours at ~500 rpm. The plate may be covered with the plate sealer provided, if so desired.
9. Empty the contents of the wells and wash by adding 400 µL of wash solution to every well. Repeat the wash 2 more times for a total of **3 washes**.
10. After the final wash, empty or aspirate the wells, and firmly tap the plate on a lint free paper towel to remove any remaining wash buffer.
11. Add 5 µL of the blue Conjugate to the TA wells.
12. Add 200 µL of the p-Npp Substrate solution to every well. Incubate at room temperature for 45 minutes without shaking.
13. Add 50 µL of Stop Solution to every well. This stops the reaction and the plate should be read immediately.
14. Blank the plate reader against the Blank wells, read the optical density at 405 nm, preferably with correction between 570 and 590 nm. If the plate reader is not able to be blanked against the Blank wells, manually subtract the mean optical density of the Blank wells from all readings.

Calculation of Results

Several options are available for the calculation of the concentration of 17 β -Estradiol in the samples. We recommend that the data be handled by an immunoassay software package utilizing a 4 parameter logistic curve fitting program. If this sort of data reduction software is not readily available, the concentration of 17 β -Estradiol can be calculated as follows:

1. Calculate the average net Optical Density (OD) bound for each standard and sample by subtracting the average NSB OD from the average OD bound:

$$\text{Average Net OD} = \text{Average Bound OD} - \text{Average NSB OD}$$

2. Calculate the binding of each pair of standard wells as a percentage of the maximum binding wells (Bo), using the following formula:

$$\text{Percent Bound} = \frac{\text{Net OD}}{\text{Net Bo OD}} \times 100$$

3. Plot Percent Bound versus Concentration of 17 β -Estradiol for the standards. Approximate a straight line through the points. The concentration of 17 β -Estradiol in the unknowns can be determined by interpolation.

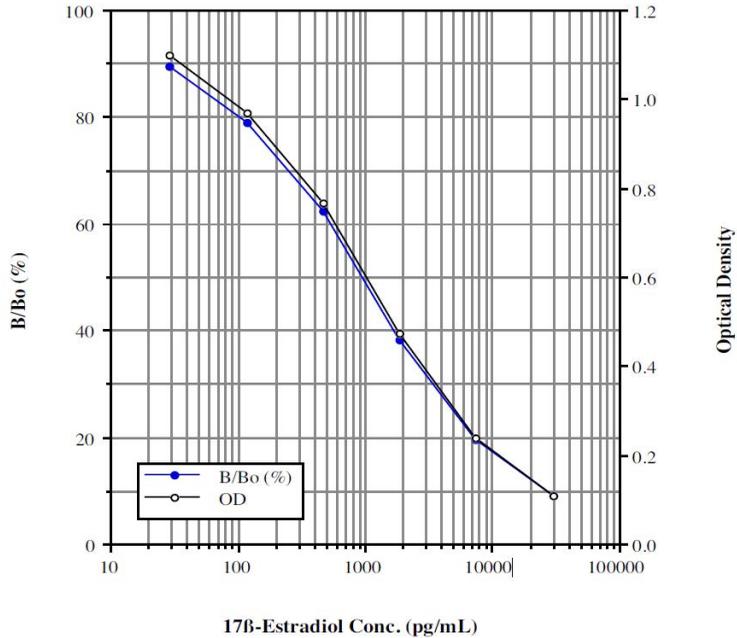
Typical Results

The results shown below are for illustration only and **should not** be used to calculate results from another assay.

<u>Sample</u>	<u>Mean OD (-Blank)</u>	<u>Average Net OD</u>	<u>Percent Bound</u>	<u>17β-Estradiol (pg/mL)</u>
Blank OD	(0.101)			
TA	0.240			
NSB	0.002	0	0.0%	
Bo	1.230	1.228	100.0%	0
S1	0.111	0.109	8.9%	30,000
S2	0.242	0.240	19.5%	7,500
S3	0.474	0.472	38.4%	1,875
S4	0.768	0.766	62.4%	468.8
S5	0.972	0.970	79.0%	117.2
S6	1.101	1.099	89.5%	29.3
Unknown 1	0.301	0.299	24.3%	4,979
Unknown 2	0.616	0.614	50.6%	955.8

Typical Standard Curve

A typical standard curve is shown below. This curve **must not** be used to calculate 17β -Estradiol concentrations; each user must run a standard curve for each assay.



Typical Quality Control Parameters

Total Activity Added	=	$0.240 \times 10 = 2.40$
%NSB	=	0.8%
%Bo/TA	=	51.3%
Quality of Fit	=	1.0000 (Calculated from 4 parameter logistic curve fit)
20% Intercept	=	7,196 pg/mL
50% Intercept	=	956 pg/mL
80% Intercept	=	112 pg/mL

Performance Characteristics

The following parameters for this kit were determined using the guidelines listed in the National Committee for Clinical Laboratory Standards (NCCLS) Evaluation Protocols⁸.

Sensitivity

Sensitivity was calculated in Assay Buffer 3 by determining the average optical density bound for sixteen (16) wells run as Bo, and comparing to the average optical density for sixteen (16) wells run with Standard #6. The detection limit was determined as the concentration of 17 β -Estradiol measured at two (2) standard deviations from the zero along the standard curve.

Average Optical Density for the Bo = 1.223 \pm 0.051 (4.14%)

Average Optical Density for Standard #6 = 1.118 \pm 0.042 (3.77%)

Delta Optical Density (0-29.3 pg/mL) = 1.223 - 1.118 = 0.105

2 SD's of the Zero Standard = 2 x 0.051 = 0.102

Sensitivity = $\frac{0.102}{0.105}$ x 29.3 pg/mL = **28.5 pg/mL**

Linearity

A sample containing 5,247.3 pg/mL 17 β -Estradiol was diluted 6 times 1:2 in the kit Assay Buffer 3 and measured in the assay. The data was plotted graphically as actual 17 β -Estradiol concentration versus measured 17 β -Estradiol concentration.

The line obtained had a slope of 0.903 and a correlation coefficient of 0.998.

Precision

Intra-assay precision was determined by taking samples containing low, medium and high concentrations of 17 β -Estradiol and running these samples multiple times (n=16) in the same assay. Inter-assay precision was determined by measuring three samples with low, medium and high concentrations of 17 β -Estradiol in multiple assays (n=8).

The precision numbers listed below represent the percent coefficient of variation for the concentrations of 17 β -Estradiol determined in these assays as calculated by a 4 parameter logistic curve fitting program.

	<u>17β-Estradiol</u> (pg/mL)	<u>Intra-assay</u> %CV	<u>Inter-assay</u> %CV
Low	1,327	8.4	
Medium	2,722	8.1	
High	5,094	9.2	
Low	214		7.4
Medium	1,034		6.1
High	4,959		5.2

Cross Reactivity

The cross reactivities for a number of related steroid compounds was determined by dissolving the cross reactant (purity checked by N.M.R. and other analytical methods) in Assay Buffer 3 at concentrations from 10,000,000 to 10 pg/mL. These samples were then measured in the 17 β -Estradiol assay, and the measured 17 β -Estradiol concentration at 50% B/Bo was calculated. The % cross reactivity was calculated by comparison with the actual concentration of cross reactant in the sample and expressed as a percentage.

<u>Compound</u>	<u>Cross Reactivity</u>
17 β -Estradiol	100%
Estrone	4.64%
Estriol	0.53%
Estrone-3-Sulfate	0.36%
Progesterone	0.06%
Testosterone	0.02%
17 α -Ethinylestradiol	<0.2%
19-Hydroxytestosterone	<0.02%
17 α -Estradiol	<0.02%
Dehydroisoandrosterone	<0.001%
Dehydroisoandrosterone-3-sulfate	<0.001%

Sample Recoveries

Please refer to pages 4 and 5 for Sample Handling recommendations and Standard preparation.

17 β -Estradiol concentrations were measured in a variety of different samples including tissue culture media and human saliva. 17 β -Estradiol was spiked into the undiluted samples of these matrices which were then diluted with the appropriate diluent and subsequently assayed in the kit. The following results were obtained:

<u>Sample</u>	<u>% Recovery*</u>	<u>Recommended Dilution*</u>
Tissue Culture Media	92.2	\geq 1:8
Human Saliva	104.8	\geq 1:16

* See Sample Handling instructions on page 4 for details.

References

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TRADEMARKS AND PATENTS

Several Enzo Life Sciences products and product applications are covered by US and foreign patents and patents pending.

Global Headquarters

Enzo Life Sciences Inc.

10 Executive Blvd
Farmingdale, NY 11735
(p) 1-800-942-0430
(f) 1-631-694-7501
(e) info-usa@enzolifesciences.com

Enzo Life Sciences (ELS) AG

Industriestrasse 17, Postfach
CH-4415 Lause / Switzerland
(p) +41/0 61 926 89 89
(f) +41/0 61 926 89 79
(e) info-ch@enzolifesciences.com

Please visit our website at www.enzolifesciences.com for additional contact information.

