cAMP ELISA Kit
Catalog # ADI-900-067
96 Well Enzyme-Linked Immunosorbent Assay Kit
For use with saliva, serum, and culture supernatants

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Reagents require separate storage conditions.
Check our website for additional protocols, technical notes and FAQs.
For proper performance, use the insert provided with each individual kit received.
Introduction

The cyclic AMP Enzyme-Linked Immunosorbent Assay (ELISA) kit is a competitive immunoassay for the quantitative determination of extracellular cyclic AMP in saliva, serum, and culture supernatants. The optional acetylated assay format provides an approximate 10-fold increase in sensitivity and is ideal for samples with extremely low levels of cAMP. If expected levels of cAMP are unknown, the investigator may evaluate a few samples in the non-acetylated format in order to determine if higher sensitivity is required.

Adenosine 3’, 5’-cyclic monophosphate (cyclic AMP; cAMP) is one of the most important “second messengers” involved as a modulator of physiological processes. cAMP is also involved in regulating neuronal, glandular, cardiovascular, immune and other functions. A number of hormones are known to activate cAMP through the action of the enzyme adenylate cyclase which converts ATP to cAMP. These hormones include a variety of anterior pituitary peptide hormones such as corticotropin (ACTH), glucagon, calcitonin, thyroid stimulating hormone (TSH), and luteinizing hormone (LH). Because cAMP has been shown to be involved in the cardiovascular and nervous systems, immune mechanisms, cell growth and differentiation, and general metabolism, there remains considerable interest in the measurement of intracellular cAMP in tissues and cell cultures. The investigation of cAMP may help to provide a clearer understanding of the physiology and pathology of many disease states.
**Principle**

1. Standards and samples are added to wells coated with a GxR IgG antibody. A blue solution of cAMP conjugated to alkaline phosphatase is then added, followed by a yellow solution of rabbit polyclonal antibody to cAMP.

2. During a simultaneous incubation at room temperature the antibody binds, in a competitive manner, the cAMP in the sample or conjugate. The plate is washed, leaving only bound cAMP.

3. pNpp substrate solution is added. The substrate generates a yellow color when catalyzed by the alkaline phosphatase on the cAMP conjugate.

4. Stop solution is added. The yellow color is read at 405nm. The amount of signal is indirectly proportional to the amount of cAMP in the sample.
Materials Supplied

1. Assay Buffer 2
   27 mL, Product No. 80-0055
   Sodium acetate buffer containing proteins and sodium azide

2. cyclic AMP Standard
   0.5 mL, Product No. 80-0056
   A solution of 2,000 pmol/mL cAMP

3. Acetylation Kit
   2 vials, Product No. 950-001
   a. Triethylamine
      2 mL, Product No. 80-0063
   b. Acetic Anhydride
      1 mL, Product No. 80-0064

4. Goat anti-Rabbit IgG Microtiter Plate
   One plate of 96 wells, Product No. 80-0060
   A clear plate of break-apart strips coated with a goat anti-rabbit polyclonal antibody

5. cAMP ELISA Antibody
   5 mL, Product No. 80-0604
   A yellow solution of rabbit polyclonal antibody to cAMP

6. cAMP ELISA Conjugate
   5 mL, Product No. 80-0053
   A blue solution of cAMP conjugated to alkaline phosphatase

7. Wash Buffer Concentrate
   27 mL, Product No. 80-1286
   Tris buffered saline containing detergents

8. pNpp Substrate
   20 mL, Product No. 80-0075
   A solution of p-nitrophenyl phosphate

9. Stop Solution
   5 mL, Product No. 80-0247
   A solution of trisodium phosphate in water

10. cAMP Assay Layout Sheet
    1 each, Product No. 30-0106

11. Plate Sealer
    1 each, Product No. 30-0012

Do not mix components from different kit lots or use reagents beyond the expiration date of the kit.

Triethylamine and acetic anhydride are lachrymators. Caution: corrosive, flammable, and harmful vapor.

Avoid contamination by endogenous alkaline phosphatase. Do not expose reagents or supplies to bare skin.

Activity of conjugate is affected by concentrations of chelators > 10mM (such as EDTA and EGTA).

Stop solution is caustic. Keep tightly capped.
Storage

All components of this kit, except the Conjugate and Standard, are stable at 4°C until the kit’s expiration date. The Conjugate and Standard should be stored at -20°C upon receipt.

Materials Needed but Not Supplied

1. Deionized or distilled water
2. Precision pipets for volumes between 5 µL and 1,000 µL
3. Repeater pipet for dispensing 50 µL and 200 µL
4. Disposable beakers for diluting buffer concentrates
5. Graduated cylinders
6. Microplate shaker
7. Lint-free paper toweling for blotting
8. Microplate reader capable of reading at 405 nm
Reagent Preparation

1. **Wash Buffer**
   Prepare the wash buffer by diluting 5 mL of the supplied Wash Buffer Concentrate with 95 mL of deionized water. This can be stored at room temperature until the kit expiration, or for 3 months, whichever is earlier.

2. **cAMP Standard, non-acetylated format**
   Two diluent options are available for the preparation of the standard curve, NSB, and Bo wells. Use Assay Buffer 2 for the standard diluent when the sample is serum or saliva. For culture supernatants, use the same non-conditioned media for the standard diluent.

   ![Diagram of standard preparation](image)
   Allow the 2,000 pmol/mL standard stock to warm to room temperature. Label five 12mm x 75mm tubes #1 through #5. Pipet 900 µL of the appropriate sample diluent into tube #1. Pipet 750 µL of the appropriate sample diluent into tubes #2 through #5. Add 100 µL of the 2,000 pmol/mL standard stock into tube #1 and vortex thoroughly. Add 250 µL of tube #1 to tube #2 and vortex thoroughly. Add 250 µL of tube #2 to tube #3 and vortex thoroughly. Continue this for tubes #4 through #5.

   **Diluted standards should be used within 60 minutes of preparation.** The concentrations of cAMP in the tubes are labeled above.

3. **Acetylation Reagent (optional)**
   Prepare the Acetylating Reagent by adding 0.5 mL of Acetic Anhydride to 1 mL of Triethylamine. Note that this volume is sufficient to add to 30 mL of diluted standards and samples. Use the prepared reagent within 60 minutes of preparation. Discard any unused portion of the Acetylating Reagent.

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Glass or polypropylene tubes may be used for standard preparation. Avoid poly-styrene.

Triethylamine and acetic anhydride are lachrymators. Caution - corrosive, flammable, and harmful vapor.
4. cAMP Standard, acetylated format (optional)
Two diluent options are available for the preparation of the standard curve, NSB, and Bo wells. Use Assay Buffer 2 for the standard diluent when the sample is serum or saliva. For culture supernatants, use the same non-conditioned media for the standard diluent.

Allow the 2,000 pmol/mL standard stock to warm to room temperature. Label five 12mm x 75mm tubes #1 through #5. Pipet 990 µL of the appropriate sample diluent into tube #1. Pipet 750 µL of the appropriate sample diluent into tubes #2 through #5. Add 10 µL of the 2,000 pmol/mL standard stock into tube #1 and vortex thoroughly. Add 250 µL of tube #1 to tube #2 and vortex thoroughly. Add 250 µL of tube #2 to tube #3 and vortex thoroughly. Continue this for tubes #4 through #5.

Acetylate all standards and samples by adding 10 µL of the Acetylating Reagent for each 200 µL of the standard or sample. Add the Acetylating Reagent directly to the diluted standard or sample and vortex immediately after the addition of the Acetylating Reagent.

Label one 12mm x 75mm tube as the Bo/NSB tube. Pipet 1 mL of the appropriate standard diluent into this tube. Add 50 µL of the Acetylating Reagent to the Bo/NSB tube and use in Steps 2 and 3 of the Assay Procedure.

The acetylated standards should be used within 30 minutes of preparation. The concentrations of cAMP in the tubes are labeled above.
Sample Handling

Samples containing rabbit IgG will interfere with the assay. EDTA plasma may precipitate during acetylation.

Biological fluids, such as serum and saliva, should be diluted in Assay Buffer 2 and run directly in the assay. A minimum 1:10 dilution is required for serum and a 1:4 dilution for saliva (see Sample Recoveries section). These are the minimum dilutions required to remove matrix interference of these samples.

Culture supernatants may be run directly in the assay provided the same non-conditioned media is used as the standard diluent.

Please note that some samples may contain high levels of cAMP and additional dilution may be required. Samples with low levels of cAMP may be assayed in the acetylated format or the samples may be concentrated.

Sample Recoveries

cAMP standard was spiked into the following matrices diluted with Assay Buffer 2 and measured in the kit. The results were as follows:

<table>
<thead>
<tr>
<th>Sample</th>
<th>Non-Acetylated Format</th>
<th>Acetylated Format</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>% Recovery</td>
<td>Recommended Dilution</td>
</tr>
<tr>
<td>Tissue Culture Media</td>
<td>96.2%</td>
<td>None</td>
</tr>
<tr>
<td>Human Serum</td>
<td>101.5%</td>
<td>1:10</td>
</tr>
<tr>
<td>Human Saliva</td>
<td>103.2%</td>
<td>1:4</td>
</tr>
</tbody>
</table>

If buffers other than those provided are used in the assay, the end-user must determine the appropriate dilution and assay validation.

Samples must be stored frozen at or below -20° to avoid loss of bioactive analyte. Repeated freeze/thaw cycles should be avoided.

Please note that some samples may contain high levels of cAMP and additional dilution may be required. Samples with low levels of cAMP may be assayed in the acetylated format or the samples may be concentrated.
**Assay Procedure**

Refer to the Assay Layout Sheet to determine the number of wells to be used. Remove the wells not needed for the assay and return them, with the desiccant, to the mylar bag and seal. Store unused wells at 4°C.

**Note:** If the acetylated format of the assay is to be run, all standards, samples, and the diluent for the NSB and Bo wells must be acetylated as per the instructions in the Reagent Preparation section. Acetylated standards and samples must be used within 30 minutes.

1. Pipet 100 µL of the appropriate standard diluent (Assay Buffer 2 or non-conditioned culture media) into the NSB (non-specific binding) and Bo (0 pmol/mL standard) wells.

2. Add 50 µL of Assay Buffer 2 to the NSB wells.

3. Pipet 100 µL of Standards #1 through #5 to the bottom of the appropriate wells.

4. Pipet 100 µL of the samples to the bottom of the appropriate wells.

5. Pipet 50 µL of the blue conjugate into each well except the TA and Blank wells.

6. Pipet 50 µL of the yellow antibody into each well except the Blank, TA, and NSB wells.

**Note:** Every well used should be green in color except the NSB wells which should be blue. The Blank and TA wells are empty at this point and have no color.

7. Seal the plate. Incubate for 2 hours on a plate shaker (~500 rpm) at room temperature.

8. Empty the contents of the wells and wash by adding 400 µL of wash buffer to every well. Repeat 2 more times for a total of 3 washes. After the final wash, empty or aspirate the wells and firmly tap the plate on a lint free paper towel to remove any remaining wash buffer.

9. Pipet 5µL of the blue conjugate to the TA wells.

10. Add 200 µL of the substrate solution into each well.

11. Incubate for 1 hour at room temperature without shaking.

12. Pipet 50 µL stop solution into each well.

13. After blanking the plate reader against the substrate blank, read optical density at 405 nm. If plate reader is not capable of adjusting for the blank, manually subtract the mean OD of the substrate blank from all readings.
**Calculation of Results**

Several options are available for the calculation of the concentration of cAMP in the samples. We recommend that the data be handled by an immunoassay software package utilizing a 4 parameter logistic (4PL) curve fitting program. Assay Blaster! assay analysis software (Cat. #ADI-28-0002) is an easy-to-use and cost effective program that provides the options of point-to-point, 4PL and 5PL curve fitting options.

Samples with concentrations outside of the standard curve range will need to be re-analyzed using a different dilution.

To normalize for protein content, divide the resulting picomole per mL determinations (pmol/mL) by the total protein concentration (mg/mL) in each sample. This is expressed as pmol cAMP per mg of total protein.

**Typical Results**

The results shown below are for illustration only and should not be used to calculate results from another assay.

<table>
<thead>
<tr>
<th>Sample</th>
<th>Average Net OD</th>
<th>Percent Bound</th>
<th>cAMP (pmol/mL)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blank (mean)</td>
<td>0.086</td>
<td>---</td>
<td>---</td>
</tr>
<tr>
<td>TA</td>
<td>0.454</td>
<td>---</td>
<td>---</td>
</tr>
<tr>
<td>NSB</td>
<td>0.001</td>
<td>0.18%</td>
<td>---</td>
</tr>
<tr>
<td>Bo</td>
<td>0.543</td>
<td>100%</td>
<td>0</td>
</tr>
<tr>
<td>S1</td>
<td>0.028</td>
<td>5.1%</td>
<td>200</td>
</tr>
<tr>
<td>S2</td>
<td>0.071</td>
<td>13.1%</td>
<td>50</td>
</tr>
<tr>
<td>S3</td>
<td>0.173</td>
<td>31.8%</td>
<td>12.5</td>
</tr>
<tr>
<td>S4</td>
<td>0.334</td>
<td>61.5%</td>
<td>3.125</td>
</tr>
<tr>
<td>S5</td>
<td>0.479</td>
<td>88.2%</td>
<td>0.781</td>
</tr>
<tr>
<td>Unknown 1</td>
<td>0.135</td>
<td>24.8%</td>
<td>18.93</td>
</tr>
<tr>
<td>Unknown 2</td>
<td>0.357</td>
<td>65.8%</td>
<td>2.57</td>
</tr>
</tbody>
</table>

Make sure to multiply sample concentrations by the dilution factor used during sample preparation.
### Acetylated assay format

<table>
<thead>
<tr>
<th>Sample</th>
<th>Average Net OD</th>
<th>Percent Bound</th>
<th>cAMP (pmol/mL)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blank (mean)</td>
<td>(0.093)</td>
<td>***</td>
<td>***</td>
</tr>
<tr>
<td>TA</td>
<td>0.463</td>
<td>***</td>
<td>***</td>
</tr>
<tr>
<td>NSB</td>
<td>-0.003</td>
<td>-0.87%</td>
<td>***</td>
</tr>
<tr>
<td>Bo</td>
<td>0.445</td>
<td>100%</td>
<td>0</td>
</tr>
<tr>
<td>S1</td>
<td>0.036</td>
<td>8.0%</td>
<td>20</td>
</tr>
<tr>
<td>S2</td>
<td>0.084</td>
<td>18.9%</td>
<td>5</td>
</tr>
<tr>
<td>S3</td>
<td>0.199</td>
<td>44.7%</td>
<td>1.25</td>
</tr>
<tr>
<td>S4</td>
<td>0.323</td>
<td>72.5%</td>
<td>0.3125</td>
</tr>
<tr>
<td>S5</td>
<td>0.424</td>
<td>95.3%</td>
<td>0.0781</td>
</tr>
<tr>
<td>Unknown 1</td>
<td>0.059</td>
<td>13.3%</td>
<td>9.20</td>
</tr>
<tr>
<td>Unknown 2</td>
<td>0.143</td>
<td>32.0%</td>
<td>2.27</td>
</tr>
</tbody>
</table>

![Graph showing the relationship between cAMP concentration and B/Bo (%)](image-url)
**Performance Characteristics**

**Specificity**

The cross reactivities for a number of related compounds were determined by diluting the cross reactants in the kit assay buffer at a concentration of ten times the high standard. These samples were then measured in the assay.

<table>
<thead>
<tr>
<th>Compound</th>
<th>Cross Reactivity</th>
</tr>
</thead>
<tbody>
<tr>
<td>cAMP</td>
<td>100%</td>
</tr>
<tr>
<td>AMP</td>
<td>&lt;0.33%</td>
</tr>
<tr>
<td>ATP</td>
<td>&lt;0.12%</td>
</tr>
<tr>
<td>cGMP</td>
<td>&lt;0.001%</td>
</tr>
<tr>
<td>GMP</td>
<td>&lt;0.001%</td>
</tr>
<tr>
<td>GTP</td>
<td>&lt;0.001%</td>
</tr>
<tr>
<td>cUMP</td>
<td>&lt;0.001%</td>
</tr>
<tr>
<td>CTP</td>
<td>&lt;0.001%</td>
</tr>
</tbody>
</table>

**Sensitivity**

The sensitivity of the assay, defined as the concentration of cAMP measured at 2 standard deviations from the mean of 16 zeros along the standard curve, was determined to be 0.30 pmol/mL in the non-acetylated assay format and 0.039 pmol/mL in the acetylated assay format.

**Linearity**

A buffer sample containing cAMP was serially diluted 1:2 in the kit assay buffer and measured in the assay. The results are shown in the table below.

<table>
<thead>
<tr>
<th>Non-acetylated</th>
<th>Expected (pmol/mL)</th>
<th>Observed (pmol/mL)</th>
<th>Recovery (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Neat</td>
<td>---</td>
<td>49.2</td>
<td>---</td>
</tr>
<tr>
<td>1:2</td>
<td>24.6</td>
<td>23.1</td>
<td>94%</td>
</tr>
<tr>
<td>1:4</td>
<td>12.3</td>
<td>13.7</td>
<td>112%</td>
</tr>
<tr>
<td>1:8</td>
<td>6.15</td>
<td>6.9</td>
<td>112%</td>
</tr>
<tr>
<td>1:16</td>
<td>3.07</td>
<td>3.4</td>
<td>111%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Acetylated</th>
<th>Expected (pmol/mL)</th>
<th>Observed (pmol/mL)</th>
<th>Recovery (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Neat</td>
<td>---</td>
<td>5.42</td>
<td>---</td>
</tr>
<tr>
<td>1:2</td>
<td>2.71</td>
<td>2.86</td>
<td>106%</td>
</tr>
<tr>
<td>1:4</td>
<td>1.36</td>
<td>1.23</td>
<td>91%</td>
</tr>
<tr>
<td>1:8</td>
<td>0.68</td>
<td>0.51</td>
<td>75%</td>
</tr>
<tr>
<td>1:16</td>
<td>0.34</td>
<td>0.28</td>
<td>83%</td>
</tr>
</tbody>
</table>

For detailed cross-reactivity protocol see our website.
**Precision**

Intra-assay precision was determined by assaying 20 replicates of three buffer controls containing cAMP in a single assay.

<table>
<thead>
<tr>
<th>Non-Acetylated Format</th>
<th></th>
<th>Acetylated Format</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>pmol/mL</td>
<td>%CV</td>
<td>pmol/mL</td>
<td>%CV</td>
</tr>
<tr>
<td>1.18</td>
<td>10.5</td>
<td>0.40</td>
<td>7.4</td>
</tr>
<tr>
<td>5.96</td>
<td>2.5</td>
<td>0.90</td>
<td>6.8</td>
</tr>
<tr>
<td>18.6</td>
<td>2.9</td>
<td>5.58</td>
<td>7.7</td>
</tr>
</tbody>
</table>

Inter-assay precision was determined by measuring buffer controls of varying cAMP concentrations in multiple assays over several days.

<table>
<thead>
<tr>
<th>Non-Acetylated Format</th>
<th></th>
<th>Acetylated Format</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>pmol/mL</td>
<td>%CV</td>
<td>pmol/mL</td>
<td>%CV</td>
</tr>
<tr>
<td>1.13</td>
<td>13.7</td>
<td>0.46</td>
<td>11.2</td>
</tr>
<tr>
<td>4.95</td>
<td>11.2</td>
<td>0.98</td>
<td>11.2</td>
</tr>
<tr>
<td>19.18</td>
<td>8.4</td>
<td>4.75</td>
<td>7.9</td>
</tr>
</tbody>
</table>
References

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TRADEMARKS AND PATENTS

Several Enzo Life Sciences products and product applications are covered by US and foreign patents and patents pending.

www.enzolifesciences.com

Enabling Discovery in Life Science®

Global Headquarters
Enzo Life Sciences Inc.
10 Executive Blvd
Farmingdale, NY 11735
(p) 1-800-942-0430
(f) 1-631-694-7501
(e) info-usa@enzolifesciences.com

Enzo Life Sciences (ELS) AG
Industriestrasse 17, Postfach
CH-4415 Lause / Switzerland
(p) +41/0 61 926 89 89
(f) +41/0 61 926 89 79
(e) info-ch@enzolifesciences.com

Please visit our website at www.enzolifesciences.com for additional contact information.